

MEDICAL SCHOOL COUNCIL

RSO Funding Meeting Minutes

Meeting Date(s): 01/29/2024, 02/05/2024, 02/12/2024, 02/19/2024

Meeting Time: 5:00 pm- 6:00 pm

Meeting Location: FSU College of Medicine

MSC Members Present: Jacob Guzzino, Holly Vu, Juliette Hernandez, Cydney Granberry, Felix Balak, Profilia Nord, Steven Medarev, Neketa Nesmith, Emily Shiel, Kenneth Morales.

Organizations receive funds for the particular conference of event, any funds not spent will be swept back to the funding council and eventually to COGS at the end of the fiscal year. COGS approval is required for all expenditures, and funds are only granted to organizations who follow policies outlined in the SGA/COGS Financial Manual, COGS Code, and SGA Statutes.

The Medical School Council (MSC) reserves the right to sweep any funds back to us.

If an organization wishes to use the funds for a reason other than the one they described at the meeting, they must get approval from MSC.

Contents

JMSA with CMA.....	4
Preliminary questions:	4
Notes of the event/Item:	4
PIG/BAM	5
Preliminary questions:	5
Notes of the event/Item:	5
HAM	6
Preliminary questions:	6
Notes of the event/Item:	6
FSU CARES	7
Preliminary questions:	7
Notes of the event/Item:	7
IPA	8
Preliminary questions:	8
Notes of the event/Item:	8
NEW	9
Preliminary questions:	9

Notes of the event/Item:	9
BSGSA	10
Preliminary questions:	10
Notes of the event/Item:	10
SAAAPA	11
Preliminary questions:	11
Notes of the event/Item:	11
GIG	12
Preliminary questions:	12
Notes of the event/Item:	12
SIGH.....	13
Preliminary questions:	13
Notes of the event/Item:	13
PSIG	14
Preliminary questions:	14
Notes of the event/Item:	14
BAM.....	15
Preliminary questions:	15
Notes of the event/Item:	15
IMIG.....	16
Preliminary questions:	16
Notes of the event/Item:	16
SIGN.....	17
Preliminary questions:	17
Notes of the event/Item:	17
FMIG, SNMA, AMWA	18
Preliminary questions:	18
Notes of the event/Item:	18
JMSA and FSU CARES	19
Preliminary questions:	19
Notes of the event/Item:	19
Research interest group.....	20
Preliminary questions:	20

Notes of the event/Item:	20
BSGSA	21
Preliminary questions:	21
Notes of the event/Item:	21

JMSA with CMA

Preliminary questions:

- Asking for: **\$438 food**
- Date of Event: 03/20/2024
- Number expected to come to event: 45
- Fundraised: \$0

Notes of the event/Item:

- JMSA organization: The mission of the Jewish Medical Student Association (JMSA) is to promote a venue for social, cultural, and educational opportunities relating to Judaism and the medical field. The purpose of JMSA is to provide a safe place to discuss healthcare as it relates to Judaism, discuss issues in Jewish healthcare, and participate in community service.
- Description of event submitted: The Jewish Medical Student Association and Christian Medical Association have partnered to bring to you a lunch and learn about the faith and religion in healthcare. There will be a speaker from both religious backgrounds who will share their religious upbringing and how religion has played a role in their health care or recovery processes. We hope to teach students about the multiple factors that can contribute to one's healthcare. The Jewish Medical Student Association and Christian Medical Association are looking forward to partnering together.
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- JMSA will be funding and planning event and CMA will help with emails, flyers, planning and logistics.
- Within budget that was given (in bill) and everyone voted to approve.

PIG/BAM

Preliminary questions:

- Asking for: **\$256.68 (food)**
- Date of Event: 02/15/2024
- Number expected to come to event: 60
- Fundraised: \$0

Notes of the event/Item:

- PIG: The goal of the Pediatric Interest Group is to serve the pediatric community and promote interest in Pediatrics here at FSU COM. Our members are able to gain hands-on experience and exposure to careers in pediatrics.
- Event description This lunch and learn will provide lunch from Publix for students and will include a presentation by Dr. Douglass Hasell on his life working as a pediatrician and owning a primary care office. Lunch will be distributed prior to the presentation. After and during the presentation, students will have the opportunity to ask questions and learn from Dr. Hasell, a Board Certified Pediatrician and Fellow of the American Academy of Pediatrics. The event will hopefully provide insight into an exciting pediatric career choice for students, offering the chance to learn about potential future pathways.
- This event was already allocated within their budget and everything followed guidelines.
- Within budget that was given (in bill) and everyone voted to approve.

HAM

Preliminary questions:

- Asking for: **\$331.55 (food)**
- Date of Event: 02/21/2024
- Number expected to come to event: 35
- Fundraised: \$0

Notes of the event/Item:

- The purpose of HAM is to educate and promote the Humanities at Florida State University (FSU). This will be done primarily via meetings in which students, professionals, and physicians participate in discussions and provide information concerning current issues related to the Humanities, ethics, and medicine.
- Event Description: Dr. Pickett, faculty of the FSU COM, will present a presentation about the importance of sleep and sleep scheduling. He will explain how it impacts our creativeness and ability to function on a daily basis. He will speak about his research involving sleep and will offer students advice on how to best manage a sleep schedule. Students will be able to take notes and ask questions through out the event. Students will be able to enjoy lunch while receiving beneficial educational information. The PowerPoint presentation and Dr.Pickett's contact information will be available after the event for all students to reference.
- Within food budget that was given (in bill) and everyone voted to approve.

FSU CARES

Preliminary questions:

- Asking for: **\$280 (food)**
- Date of Event: 02/15/2024
- Number expected to come to event: 30
- Fundraised: \$0

Notes of the event/Item:

- FSUCares is a dynamic medical student organization devoted to helping the underserved and underprivileged populations both locally and internationally. Our mission is to provide health services, including medical care, education, and counseling to those people who would not otherwise have access to care while providing an interactive, clinical learning environment for FSU College of Medicine students.
- Event Description: For this event, we will be discussing cultural humility and its worth when serving different communities (minority, marginalized, underserved, etc.). Cultural humility is a dynamic and lifelong long process focusing on self-reflection and personal critique. It requires people to acknowledge our own biases. As future clinicians, it involves understanding the complexity of identities and recognizing that we will never be fully competent about a patient's experience because they're ever evolving, but we can try!! With the help of Dr. George Rust as our guest speaker, we will navigate discussion on how to best use this practice when providing health screenings out in the community. Further, we will set aside time to practice useful skills like blood glucose readings that students can utilize in health outreach endeavors in the local area and beyond.
- Within budget that was given (in bill) and everyone voted to approve.

IPA

Preliminary questions:

- Asking for: **\$502.61. (Breakdown: \$ 229.02 (general expense), \$273.59 (food))**
- Date of Event: 03/20/2024
- Number expected to come to event: 40
- Fundraised: \$0

Notes of the event/Item:

- The purpose of the IPA is to educate and promote interprofessional collaboration at the Florida State University (FSU). This will be done in the charter year primarily via coordinating meetings and events with other student organizations at FSU in which learners and professionals from multiple FSU colleges and professions respectively will participate in activities and discussions that promote collaboration and provide information concerning current issues in Medicine.
- Event Description: MD and PA students will gather and work together in groups to solve an organized murder-mystery case. There will also be food provided. The cases are preset, and include all the clues necessary to solve the murder. Board members of IPA will be present to facilitate a collaborative space and foster communication between the groups to ensure everyone is working together well. Through working together, we hope to foster a collaborative environment and simulate the real-life interdependence between our two fields. All groups will have the same case and the same clues.
- Within budget that was given (in bill) and everyone voted to approve.

NEW

Preliminary questions:

- Asking for: **\$50 (contractual)**
- Date of Event: 03/13/2024
- Number expected to come to event: 20-30
- Fundraised: \$0

Notes of the event/Item:

- The purpose of the Nutrition, Exercise, and Wellness Organization (NEW) is to educate our students at the Florida State University College of Medicine about the nutrition, exercise and wellness aspects of working in the medical field in the 21st century. We strive to encourage our students to live healthy lifestyles and will attempt to provide them with reliable information regarding nutrition, exercise and wellness that they can incorporate into his or her own life.
- Event description: As a part of wellness week at FSU College of Medicine, we will be providing a yoga class on Landis green open to all students in the College of Medicine. The goal is to help the students take a break from their studies and focus on their physical and mental wellbeing. We will use Medical Student Council funding to hire a yoga instructor from yoga root tallahassee for \$50. The class will be for the first 20-30 students who sign up. Students will need to provide their own yoga mat or towel if they chose to do so.
- Organization wants to move money from one category to another (to contractual), everyone on the board motioned to approve.

BSGSA

Preliminary questions:

- Asking for: **\$461.35 (food)**
- Date of Event: 03/29/2024
- Number expected to come to event: 40
- Fundraised: \$0

Notes of the event/Item:

- The FSU COM Biomedical Sciences Graduate Student Association is an organization of students, post-doctoral professionals, and faculty representatives that seeks to provide a forum for professional development in which members can gain invaluable knowledge to advance their scientific careers. We provide educational workshops, seminars by leading scientists, and an open environment for members to present ideas and receive feedback from fellow scholars. We believe that outreach and sharing ideas among members and colleagues will elicit positive collaborations and communication among scientists in their present and future endeavors. Creating positive, long-lasting working relationships and connections among fellow researchers allows us to broaden our impact and are vital to our future careers in science.
- Event description: BSGSA will hold its first GBM of the 2024 school year to introduce our new executive board to the rest of the graduate students. This event is to educate the new and existing graduate students about the upcoming events that we have planned for the semester. We will be holding this event during our lunch time as a way to show our appreciation for all the hard work our graduate students do every day. Chick-Fil-A and Publix catering will be provided as refreshments which will cover all food dietary restriction including but not limited to: Gluten-free, Vegetarian and Vegan diets.
- Within budget that was given (in bill) and everyone voted to approve.

SAAAPA

Preliminary questions:

- Asking for: **\$567.60 (food)**
- Date of Event: 03/21/2024
- Number expected to come to event: 60
- Fundraised: \$0

Notes of the event/Item:

- The Student Academy of The American Academy of Physician Assistants at Florida State University (SAAAPA-FSU) aims to serve as the official organization for the students of the FSU Masters of Physician Assistant Practice. SAAAPA-FSU is dedicated to fostering intellectual curiosity and excellence of the PA profession as well as promoting activism for the health of our community. SAAAPA-FSU is also committed to promoting inter-professional collaboration within the FSU College of Medicine and beyond.
- Event description: SAAAPA'S first event of the spring is a lunch and learn with Slim Chickens individual boxes provided. Zoom meeting with AAPA Representative. AAPA Representative will join on Zoom to tell us about the benefits of being a student member of AAPA, including resources, networking. Will also include time for Q&A session. Olivia Shulz is SAAAPA's AAPA Student Representative and has been in contact with the AAPA Rep who does many Zoom meetings like this to inform PA students about the perks of their membership.
- Within budget that was given (in bill) and everyone voted to approve.

GIG

Preliminary questions:

- Asking for: **\$40.15 (food)**
- Date of Event: 03/13/2024
- Number expected to come to event: 25
- Fundraised: \$0

Notes of the event/Item:

- Event description: There will be a showing of the documentary that is called, Being Mortal, which was originally a book. The movie will show and dive into a Dr. Atul Gawande's life as a doctor. It will explore the act of aging and how the medical community deals with such topic. There will be popcorn, soda, and Publix popcorn chicken served at the event. The room reservation has tentatively been requested for 1306 in the medical school building (pending this approval) and will take place tentatively on 3/13/24 at 4:30 pm. The movie is in total 54 minutes long.
- Within budget that was given (in bill) and everyone voted to approve.

SIGH

Preliminary questions:

- Asking for: **\$127.98 (food)**
- Date of Event: 03/12/2024
- Number expected to come to event: 35
- Fundraised: \$0

Notes of the event/Item:

- Students Interested in Global Health (SIGH) Officers Events & Activities Resources Key Links My Resources Students Interested in Global Health Students Interested in Global Health (SIGH) is a student organization founded at Florida State University College of Medicine that aims to provide medical students with a global perspective on healthcare delivery in developing countries. SIGH aims to accomplish this through inviting speakers with sound knowledge and experience in providing care in developing countries, providing forums for medical students to share their medical service learning experiences with fellow colleagues, and ultimately providing winter, spring, and summer medical service learning experiences to Nicaragua through the 4 years of medical training. Through these practices, SIGH hopes to encourage within the enthusiastic medical student a deep understanding and appreciation for
- Event description: The event is a lunch and learn. The students will be provided with a free lunch and they will also have the opportunity to listen/interact with a guest speaker. The guest speaker will be Leah Costigan who is an FSU Alumni and currently holds the position of Community Engagement Coordinator at The International Rescue Committee in Tallahassee. She will be sharing her experiences in the field of global health, and speaking with students about the potential opportunities available to get involved.
- Within budget that was given (in bill) and everyone voted to approve.

PSIG

Preliminary questions:

- Asking for: **\$496.74 (total) (breakdown 195.58 (clothes), 301.16 (food))**
- Date of Event: 03/22/24
- Number expected to come to event: 40
- Fundraised: \$0

Notes of the event/Item:

- PSIG: The purpose of the Psychiatry Student Interest Group is to enrich the education of students at the Florida State University College of Medicine regarding mental health. We aim to provide opportunities for greater exposure to the field of psychiatry, in an effort to increase our awareness, as a student body, of the prevalence and impact of mental illness, the diversity of the patient population receiving care, and the high demand for psychiatrists. We hope to enhance our understanding of the interactions between the mind, body, and behavior as a crucial part of restoring, maintaining, and improving the total health and wellness of patients, in any clinical setting.
- Event description: The Psychiatry Student Interest Group and the Wellness committee have partnered with Dr. Scott Pickett to give a short presentation on the evidence-based benefits of practicing mindfulness meditation. Following the presentation, students will be invited to engage in a guided audio meditation session. Sleep masks will be distributed to help students engage in the session without distraction, provide stress relief during the session, and encourage students to engage in the practice at home. The goal of the event is to explain what mindfulness meditation is, how to practice it, and how it may benefit overall wellbeing of students and future patients. Lunch from Lemon and Thyme will also be served before the event.
- Within budget that was given (in bill) and everyone voted to approve.

BAM

Preliminary questions:

- Asking for: **\$150 (food)**
- Date of Event: 03/18/2024 (6-7 pm)
- Number expected to come to event: 30
- Fundraised: \$0

Notes of the event/Item:

- Event description: : The event will be featuring an FSU alumna who specializes on pulmonary and critical care, but also has experience working in private practice, and currently owns a pulmonary consultative business. We hope to provide the student body insight on different types of business practices and career pathways. The event will be in person and Zoom. Dinner will be provided.
- Within budget that was given (in bill) and everyone voted to approve.

IMIG

Preliminary questions:

- Asking for: **\$296.93 (food)**
- Date of Event: 04/09/2024 (12-1250pm)
- Number expected to come to event: 50
- Fundraised: \$0

Notes of the event/Item:

- Event description submitted: We will host a lunch and learn with a panel of 4th year med students who applied to Internal Medicine. They will be on a Zoom panel to talk about their experience with medical school, applying for residency, and matching into IM residency programs. They will share their experience with school, extracurricular activities, research, general advice, and why they decided to go into IM. By having this IM Match Panel, M1s and M2s can interact with and learn from M3s/M4s who have similar interests as them and can reach out for mentorship.
- Within budget that was given (in bill) and everyone voted to approve.

SIGN

Preliminary questions:

- Asking for: **\$108.9 (general expense)**
- Date of Event: 03/28/2023 (6-7 pm)
- Number expected to come to event: 20
- Fundraised: \$0

Notes of the event/Item:

- Event description: Yoga has been proven to have healthy brain benefits and can allow our students to relax and feel refreshed! SIGN will partner with the Wellness Committee to host a Yoga class for our students, located in the courtyard between the Psychology building and the COM. We have a Yoga instructor from the COM (that hosted another yoga event previously). We will encourage students to bring their own yoga mats, but will purchase a few for students who don't have any.
- Organization is asking to move \$27.9 from contractual category to general expense, everyone voted to approve.
- Funds will be used for extra yoga mats, these can be reused and will be going to MSC storage for future use.
- Within budget that was given (in bill) and everyone voted to approve.

FMIG, SNMA, AMWA

Preliminary questions:

- Asking for: **\$495.9 (food)**
- Date of Event: 03/19/2024
- Number expected to come to event: 45
- Fundraised: \$0

Notes of the event/Item:

- Event description: Representatives from the National Organization for Women and Floridians Protecting Freedom will come and speak with FSU students about advocating for women's health and reproductive justice for Women's HERstory month. The speakers will focus on the current state of abortion access and legislation in Florida.
Two speakers: vp of Tallahassee organ for women and another speaker discussing ballot measure, and recent legislation.
- Within budget that was given (in bill) and everyone voted to approve.

JMSA and FSU CARES

Preliminary questions:

- Asking for: **\$350 (food)**
- Date of Event: 04/19/2024
- Number expected to come to event: 60
- Fundraised: \$0

Notes of the event/Item:

- Event description: JMSA and FSU Cares have come together to bring to you an insightful lunch and learn on what it means to be a bone marrow donor. Gift of Life will speak about how a bone marrow and blood stem cell registry can help save children and adults from life threatening illnesses such as leukemia, lymphoma, other cancers, and genetic diseases. Participants will then be able to swab their cheeks and place themselves in the public registry. There will be chick fil a served at the event. Students can eat lunch as they learn about Gift of Life and how swabbing their cheek can help make a difference in someone's life. JMSA is providing the funds and FSU cares is providing emails, flyers and logistical support.
- Within budget that was given (in bill) and everyone voted to approve.

Research interest group

Preliminary questions:

- Asking for: **\$299.93 (food)**
- Date of Event: 04/10/2024
- Number expected to come to event: 75
- Fundraised: \$0

Notes of the event/Item:

- Event description: Embark on a journey into the heart of surgical research at our upcoming event, where we celebrate the symbiotic relationship between surgery and scientific inquiry. Aspiring surgeons, whether pursuing an MD, PhD, MS, or PA, are invited to delve into the dynamic intersection of research and medical practice. Throughout the event, participants will have the unique opportunity to explore how research serves as the cornerstone of surgical advancement. From pioneering new techniques to uncovering novel therapies, research fuels innovation in surgery, ultimately leading to improved patient outcomes and reshaping the landscape of medical care.
- Within budget that was given (in bill) and everyone voted to approve.

BSGSA

Preliminary questions:

- Asking for: **\$301.41 (food)**
- Date of Event: 04/08/2024
- Number expected to come to event: 40
- Fundraised: \$0

Notes of the event/Item:

- Event description: Graduate school can often feel isolating due to the intense workload and specialized focus of research. This Coffee and conversation event helps create a sense of community among students, fostering friendships and support systems that can alleviate stress and enhance overall well-being. It provides an informal setting for graduate students to network with their peers, share their research interests, findings, and experiences with one another while sharing some tea or coffee.
- Within budget that was given (in bill) and everyone voted to approve.