



THE FLORIDA STATE UNIVERSITY  
STUDENT GOVERNMENT ASSOCIATION

## 76<sup>th</sup> STUDENT SENATE Senate Resolution

Resolution #: 24

**Primary Sponsor(s):** Brown, Larancuent

**Co-Sponsor(s):** Bevis, Castellanos, Goldstein, Gutierrez, Hine, Lalani, McEnery, Mendez, Srivastava, Stuart, Syska, Valderrama, Vargheese

**Date:** 2/5/2024

**Whereas:** American Heart Month is celebrated in the month of February with the intentions of spreading awareness on cardiovascular health. With global organizations efforts such as the National Institute of Health, the aim of American Heart Month is to spread life-saving information, share tips on how to maintain a heart-healthy lifestyle, and recognizing signs of cardiovascular disease, and

**Whereas:** Cardiovascular disease (CVD) affects a significant portion of the US population and is listed as one of the leading causes of death in the US amongst men, women, and people of racial and ethnic groups. Despite its highly deadly nature, it is 90% preventable with proper education and actions taken early on, and

**Whereas:** Recent studies have considered the prevalent risk factors for cardiovascular disease and in a study of 148 college-aged participants, 108 had demonstrated signs of a least two cardiovascular risk factors such as alcohol use and familial history. Furthermore, implementing educational interventions at a younger age can greatly reduce the manifestation of CVD later on, and

**Whereas:** The Florida State University would like to extend gratitude to organizations enhancing student awareness of cardiovascular health such as University Health Services and Campus Recreation. Through specific programs such as CPR training events hosted by Campus Recreation, students gain life-saving knowledge and learn how to lead a healthy lifestyle minimizing the risk for CVD,

**Whereas:** It is encouraged health-related student organizations promote healthy living and share information on cardiovascular disease through immersive and interactive programming, and

**Be it resolved by the Seventy-Sixth Student Senate at Florida State University that:** the University recognizes Campus Recreation and the University Health Services for their

healthcare initiatives that bring awareness to the risk of cardiovascular disease to students on campus. Florida State University should promote and endorse these programs and continue to highlight the importance of a healthy lifestyle in all aspects of student life.

**Be it further resolved that a copy of this resolution be sent to:**

Richard McCullough, President at Florida State University  
Dr. Amy Hecht, Vice President of Student Affairs  
Dr. Felicia Williams, Director, Student Engagement  
Michael Alford, VP and Director of Athletics  
Andy Johnson, SGA Advisor  
Jack Hitchcock, Student Body President  
Rodney Wells, Student Body Vice President  
Freddy Juarez, Campus Recreational Advisor  
Lauren Mayo, Campus Recreational Chair  
JJ Marsh, Campus Recreation Vice Chair  
Amy Magnuson, Director of Oversight and Direction of University Health Services (UHS)  
Dr. Christopher DeLisle, Medical Director for University Health Services (UHS)

**OFFICIAL:**  2/20/2024 | 12:06 PM PST  
371F726A9A924B6... **Student Senate President**  
**SENATE VOTE:** Unanimous Consent  
**PASSED:** February 14, 2024