



THE FLORIDA STATE UNIVERSITY
STUDENT GOVERNMENT ASSOCIATION

75th STUDENT SENATE Senate Resolution

Resolution #: 63

Primary Sponsor(s): Brown, Staveski
Co-Sponsor(s): Behar, Lento, Mendez, Randall
Date: September 6, 2023

Whereas: This resolution contains potentially sensitive or triggering content such as mentions of suicide.

Whereas: September is National Suicide Prevention Month, and according to Lifeline, an organization dedicated to preventing suicide, during this month, "mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness," and

Whereas: With the stressors of college, many students struggle to maintain their mental health, and although it is seldom discussed, suicide is the second leading cause of death among college-aged students, and

Whereas: Counseling and Psychological Services has a 24/7 support line, free counseling, psychoeducational workshops via Zoom which focus on anxiety and depression, and other resources available to support mental health, and

Whereas: The Mental Health Council at FSU strives to "empower students with mental health resources through de-stigmatization, community involvement, and advocacy," and

Whereas: The National Suicide Prevention Lifeline is another critical resource for those in need of immediate support and is available 24/7, similar to the Telephonic Crisis Support provided by Counseling and Psychological Services, with vital information on the signs of mental health crisis and suicide found on their website, therefore

Be it resolved by the Seventy-fifth Student Senate at Florida State University that: We recognize the importance of National Suicide Awareness Month, especially on a college campus, and


Be it further resolved that: We urge everyone to check in on the people they care about, learn the signs of a mental health crisis, prioritize their own mental health, and not to delay in seeking help, and if in crisis, do not hesitate to call the National Suicide Prevention Lifeline at 1(800) 273-8255 or 988 for free and confidential support or the Telephonic Crisis Support Line mentioned above, and

Be it further resolved that: We urge everyone to visit this link, <https://afsp.org/national-suicide-prevention-week/>, to find resources as well as social media graphics to help bring awareness to suicide prevention, and

Be it further resolved that: The Student Senate Press Secretary and Executive Branch are strongly encouraged to advocate for student's mental health through the promotion of

educational infographics created by the Mental Health Council, Counseling and Psychological Services, or similar organizations on social media during Suicide Awareness Month, and

Be it lastly resolved that: A copy of this resolution be sent to:
Ashley Boudreaux, Director of the Mental Health Council
Emily Maglin, Assistant Director of the Mental Health Council
Malena Romero, Director of Health and Wellness
Carlos J Gomez Ph.D., Director of Counseling & Psychological Services
Amy Magnuson Ph.D., RD, LD/N, Director of University Health Services
Jack Hitchcock, Student Body President
Nina Chong, Student Body Vice President
Dr. Richard McCullough, President of Florida State University
Dr. Felicia Williams, Director of Student Governance and Advocacy
Andy Johnson, Program Director of Student Governance and Advocacy
Dr. Amy Hecht, Vice President for Student Affairs at Florida State University

DocuSigned by:

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9/25/2023 | 11:00 AM PDT

OFFICIAL:

Student Senate President

SENATE VOTE: Do not fill.
PASSED: Do not fill.