





# THE GUIDE

to graduate student life in Tallahassee

# Welcome to Tallahassee!

The Congress of Graduate Students (COGS; <a href="http://www.fsu.edu/~sga/cogs.html">http://www.fsu.edu/~sga/cogs.html</a>) has compiled the following GUIDE in order to help you find your way around Tallahassee and FSU.

THE GUIDE contains suggestions, not endorsements of vendors and their services. The list is neither comprehensive nor representative.

## **CAMPUS LIFE**

#### Athletics:

- Bobby E. Leach Center (http://fsu.campusrec.com/leach/): Arrive early morning for parking and machine availability.
- The FSU Reservation (<a href="http://fsu.campusrec.com/reservation/index.shtml">http://fsu.campusrec.com/reservation/index.shtml</a>): sailing, canoeing, kayaking, swimming area, recreation hall, and waterfront facilities.
- Tallahassee Soccer Association http://www.tallahasseesoccer.net
- Football tickets: Pick up and turn in your coupons EARLY. Tickets go fast! http://seminoles.ocsn.com/
- Rock climbing Gym in Railroad Square: http://www.tallytown.com/trg/html/

# Registration and Fee Payment:

- Registration for graduate students: http://student.access.fsu.edu.
- Your email account must be activated before registration. For activation information: http://cars.acns.fsu.edu.
- You must complete the health history and immunization forms at Thagard Student Health Center before you will be allowed to register. Call (850) 644-6573 if you need relevant forms.
- A late registration fee of \$100 will be charged if you are not registered by August 25.
- Fee Payment Location: A1500 University Center or online: http://www.fees.fsu.edu.

**Library Facilities** (<a href="http://www.fsu.edu/~library/">http://www.fsu.edu/~library/</a>): Strozier Library and Dirac Science Library are the primary sources of books, journals, and other resource materials. Bring your FSU Card for admittance and copy services. Check online for tour schedules.

FSU Card (<a href="http://www.FSUCard.fsu.edu/card">http://www.FSUCard.fsu.edu/card</a> office.htm): All students are required to have a photo FSU Card. The FSU card is your key to university life while attending FSU. Check online for the variety of features available. There is a fee for the first card as well as replacements. The FSU Card Center is open from 8-5 M-F; (850)644-7777.

**Travel Grants:** The Congress of Graduate Students (COGS, 644-7166), located in Room 245 of the Student Life Building, provides funding for graduate students to present at conferences. You need to apply for the funds prior to the conference.

# Childcare:

- Educational Research Center for Child Development (644-1013). Contact the office for the cost of childcare.
- The Starlight Child Care Center evening childcare. Call 644-3096 for more information.
- Alumni Village preschool program. Call 644-8305 for more information.

# LINKS

• FSU Graduate Bulletin: http://registrar.fsu.edu/bulletin/grad/default.htm

- Tallahassee Democrat: http://www.tdo.com.
- Residential Relocation Packet (Chamber of Commerce): www.talchamber.com/relocation.php3.
- City of Tallahassee: <a href="http://www.talgov.com">http://www.talgov.com</a> Great for turning on services or paying for them (utility bills). Check out the Animal Shelter listings while you're there.
- Insurance: Health insurance plans are available through Thagard Student Health Center (<a href="http://www.tshc.fsu.edu/">http://www.tshc.fsu.edu/</a>).
- Student Parking: http://parking.fsu.edu Come to school early parking is a hassle!
- Campus Map: <a href="http://www.fsu.edu/Campus/newmap/">http://www.fsu.edu/Campus/newmap/</a>
- Check out entertainment listings for weekend plans http://www.tallahassee.com
- TalTran (bus system): http://www.state.fl.us/citytlh/taltran/
- AmTrak: http://www.amtrak.com/
- Tallahassee Regional Airport: http://www.state.fl.us/citytlh/aviation/
- Apartment Listings: Off-Campus Housing, Room 206-A of the Oglesby Student Union, 644-0089. See also http://www.tallytown.com/apartments; http://www.tallahassee.com
- FSU Events Calendar: <a href="http://www.fsu.edu/%7Ecalendar/">http://www.fsu.edu/%7Ecalendar/</a>
- Tallahassee Freenet <a href="http://www.tfn.net/">http://www.tfn.net/</a> great community website

## ENTERTAINMENT

## **Amusement Parks:**

Wild Adventures in Valdosta, Ga.

## Art & Culture:

- Riley Center Museum, 419 E. Jefferson Street, Tallahassee, Florida 32301, (850) 681-7881. http://fn1.tfn.net/Riley/
- 7 Days of Opening Nights: <a href="http://www.fsu.edu/~artsfest/">http://www.fsu.edu/~artsfest/</a>
- Museum of History & Natural Science <a href="http://www.tallahasseemuseum.org">http://www.tallahasseemuseum.org</a>

#### Pool halls:

- Halligans, 1700 Halstead Boulevard, 850-668-7665
- Pockets, 2810 Sharer Road, 850-385-7665
- Snookers, 1861 West Tennessee Street, 850-224-8644

#### **Festivals & Annual Events:**

http://www.tfn.net/Festivals/

## **Movie Theaters:**

- Free movies shown in the theater in the Student Life Building on FSU campus
- Mainstream movies: AMC 20 at the Tallahassee Mall; Governor's Square Mall Theaters; Movies 8 on North Monroe: second-run movies (50 cents before 6 pm) <a href="http://www.moviefone.com">http://www.moviefone.com</a>
- Art films: Miracle 5 theater

# Parks, Beaches, Recreation and Sports:

- http://www.eog.state.fl.us/citytlh/parks\_recreation/parks.html
- Lake Ella Park, North Monroe St.; .6 mile track around lovely lake, lots of ducks!
- Maclay Gardens (<a href="http://www.ssnow.com/maclay/">http://www.ssnow.com/maclay/</a>) Great flowers in the springtime.
- Mission San Luis: http://dhr.dos.state.fl.us/bar/san luis/
- Wakulla Springs (35 minutes away), http://www.wakullacounty.com/wakulla-5.htm
- St. George Island (1½ hours) http://www.abfla.com/parks/StGeorgeIsland/stgeorgeisland.html
- St. Mark's Wildlife Refuge (45 minutes) <a href="http://saintmarks.fws.gov/">http://saintmarks.fws.gov/</a>
- Panama City Beach (2 hours). http://www.800pcbeach.com/
- Destin, FL (2 ½ hours): http://www.destinfl.com/

## Shopping:

- Malls: Governor's Square Mall on Apalachee Parkway; Tallahassee Mall on N. Monroe St.
- The Downtown Market on Saturdays (except during the winter) from 8:00 a.m. to 2:00 p.m. is a fun place to shop for fresh vegetables and crafts. It's located at Ponce de Leon Park at Park Avenue in downtown Tallahassee.
- See <a href="http://www.co.leon.fl.us/visitors/shopping.cfm">http://www.co.leon.fl.us/visitors/shopping.cfm</a> for additional information about shopping.

# FOOD & BARS

# **Bars & Happy Hour:**

Happy Hour: Poor Pauls, Andrews Downtown, Chili's

- http://www.switchboard.com/Bars/Tallahassee/FL/156/YellowPagesResults.htm
- <u>Clyde's & Costello's</u>—Pricey, but nice atmosphere, attracts legislators during session and FSU students throughout the year.
- Fat Tuesday—Good, cheap drinks & a fun atmosphere.
- Paradigm: Trendy & upscale bar, caters to the graduate and young professional community.
- Bullwinkles: On the strip with various nightly specials (its 21 & up attracts a more sophisticated crowd)
- <u>Club Deep</u>: New Miami style club, great for dancing
- Sloppy Joe's: In Kleman Plaza, good restaurant and happy hour specials, late night the dance floor is packed.

# Restaurants:

- Sweet Shop, 701 West Jefferson Street, 850-224-2700
- Mon Pere et Moi 2104 Gilliam Lane 850-877-0343
- Cabos Tacos, 1221 Apalachee Parkway, 850-878-7707
- Middle Eastern: International House of Food (grocery and restaurant), 2013 N. Monroe St.; Garden Buffet, 2810 Sharer Rd.
- Riccardo's, located on Capital Circle NE next to the Hogly Wogly across from the Home Depot
- Best sandwiches: Hopkin's Eatery, Bagel Bagel, Firehouse Subs, Hobbit Hoagies
- Vegetarian: "the Higher Taste" on Gaines St.
- Best ethnic restaurants: Samrat Indian Restaurant, Sahara (Greek and Lebanese food)
- Rice Bowl, 3813 North Monroe St.; Chinese, Japanese, Thai and Vietnamese, good sushi.
- Fine Dining: Cool Beans on Thomasville, Ninos, Melting Pot (fondue).
- Buffets: Barnhills or Golden Coral, King House in the Killearn Shopping Center off of Thomasville Rd.
- Good seafood: Crystal River, The Wharf, Posey's (near St. Marks)
- Good Pizza close to campus: The Loop, Pizza Hut, Cici's
- Best wings: Wing Zone or BW3's.
- Best steak house: Longhorn, Roadhouse, Outback
- Best Chicken Fingers: Guthrie's
- Best late night eating: Waffle House at Cap Circle SE and Crawfordville Hwy/Hwy 319.
- Pizza: Momo's, 1416 West Tennessee St. and 1410 Market St., no delivery
- Mexican: Moe's, 1444 West Tennesee St.; fast and healthy.
- Breakfast/lunch: Another Broken Egg, 3500 Kinhega Drive; serves breakfast all day

# LOCAL SERVICES: SUGGESTIONS FROM FELLOW GRADUATE STUDENTS

#### **Bookstores:**

- Borders Books, Music, & Café (SE): 1302 Apalachee Pkwy, at Magnolia, 402-9863
- Barnes & Noble Booksellers (SE): 1480 Apalachee Pkwy, 877-3878
- Paperback Rack (NE): 1015 N. Monroe, 224-3455
- Bill's Bookstore (SW): 107 S. Copeland, 224-3178; 1411 W. Tennessee, 561-1495

# **Bread and Pastry:**

- New Leaf Market & Deli (SE): Apalachee Pkwy and Magnolia, 942-2557
- La Poire (NE): 1323 Miccosukee Rd, at Centerville, 877-1508

# Canoe/Kayak Sales and Rental:

- The Wilderness Way (SE): In Woodville on Woodville Rd, just south of SE Capital Circle, 574-4445
- The Canoe Shop (SW): 1145 W. Orange Ave, 576-5335

# **Dry Cleaners:**

- Prestige Cleaners, Various locations, including: SE 2500 Apalachee Pkwy, 656-1469; NE 2210 N. Monroe, 385-2273
- Blue Ribbon Cleaners, Various locations, including: NE 1660 N. Monroe, 561-3830, S 1102 E. Lafayette, 942-5919
- Blairstone Coin Laundry (SE): Cleaners and laundromat, 2720 Blair Stone Rd., 877-6035

# **Golf Courses:**

- Hilaman Golf Course (SE): Blairstone, south of Apalachee
- Players Club at Summerbrooke (NE): North of I-10, just south of Killearn Lakes
- Cross Creek Par 3 (NE): East on Mahan, near I-10. Has a driving range and gives lessons.
- Seminole Golf Course (SW): Take Pottsdamer north from Orange Ave.
- Wildwood Country Club (S): 35 40 minutes south, on US 98

# Hardware, Home Repair, etc.

- Home Depot (NE): 3200 NE Capital Circle, 422-2777
- Lowe's (NE): 2121 NE Capital Circle, 386-5022
- Prescott Supply (NW): 1219 W. Tharpe, 385-8131

# **Health Foods/Alternative Dietary Needs:**

New Leaf Market & Deli (SE): Apalachee Pkwy at Magnolia, 942-2557

# Latte, Cappuccino, etc.

- Borders Books, Music, & Café (SE): 1302 Apalachee Pkwy, at Magnolia, 402-9863
- Barnes & Noble Booksellers (SE): 1480 Apalachee Pkwy, 877-3878
- Java Heads (SE): 903 Railroad Ave. 224-3736
- La Poire (NE): 2655 L Capital Circle NE. 877-1508
- Aristotle's Coffee Garage (W): 1935 W. Tennessee St. 222-6922

# Nurseries/Gardening:

- Tallahassee Nursery (NE): 2911 Thomasville Rd, 385-2162
- Esposito Gardening Center (NE): 2748 NE Capital Circle, 386-2114
- Native Nurseries (NE): 1661 Centerville Rd., 386-8882

# Outfitter (Camping, Hiking, etc.):

- Trail & Ski (NE): 2748 NE Capital Circle, 531-9001
- Oshman's Super Sports (NE): Tallahassee Mall, 386-3355

# **Pet Supplies**

• Petsmart (NE): 3220 NE Capital Circle, 297-1505

## **Recorded Music:**

- Borders Books, Music, & Café (SE): 1302 Apalachee Pkwy, at Magnolia, 402-9863
- Spec's (SE): 1241 Apalachee Pkwy, at Magnolia, 878-6590
- Sam Goody (NE): 2415 N. Monroe, 385-7281

## Tires:

- Discount Tires (NE): 212 N. Magnolia, 878-8473, 1507 Killearn Center Blvd, 894-8473
- Big 10 Tires, various locations including: S 1840 S. Monroe St., 224-8326, W 1425 W. Tennessee St., 224-0095

# Wine and Beer Specialty Shops:

- Clusters & Hops (http://www.winencheese.com/) Good food and great wine. 707 N. Monroe St. (850) 222-2669.
- Wine Club and The Wine Warehouse, 1355 Market St., off Timberlane Rd, 893-2254
- ABC Liquors, various locations, including: 1930 Thomasville Rd, at Betton, 224-4920

#### Veterinarians:

- Cross Creek Animal Clinic, (SE) 2728 Apalachee Parkway, 656-2525
- Buck Lake Animal Hospital (SE) 3514 Mahan Dr., 878-4799
- Novey Animal Hospital, (SE) 1350 E. Tennessee St., 878-8800
- North Florida Animal Hospital (NE) 2701 North Monroe, 385-5141
- Oakwood Animal Hospital (NE) 2528 W. Tharpe St. 386-1138

United States Postal Service (closest to FSU): <u>Westside Station</u>, 850-575-0113, 2020 W Pensacola St Ste 90B, Tallahassee, FL 32304

# Acknowledgements:

Graduate Students
Congress of Graduate Students
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Department of Psychology
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